

MASSAGES FOR MOTHERS-TO-BE, NEW MOTHERS AND BABIES

Ante-natal massage (back, neck, shoulders, legs, feet) £40 1hour

Post-natal 'get-your-figure-back' massage (from 6 weeks after the birth) £45

Baby massage lesson (a one-off session with you and your baby) in which we teach you how to use massage to soothe your restless or colicky baby £30